

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

February 2026

9:00am Room Visits/Daily Reminder 1
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 2:00pm Join us for Sunday Movie Marathon/Refreshments (MDR)
 3:30pm Table Top Games (MDR)



Tu B'Shevat Begins

9:00am Room Visits/Daily Reminder 2
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S Solarium
 2:00pm "Name Five" Game (MDR)
 3:30pm Slide & Block (who's in team A and Team B) MDR
 4:30pm 1:1
 Groundhog Day

9:00am Room Visits/Daily Reminder 3
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Disco (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the food by Emoji (YouTube) MDR
 12:00am prepare MDR for Lunch
 1:30pm BINGO TIME (MDR)
 3:30pm Immersive Interactive movement (YouTube) (MDR)
 4:30pm Visit 1:1 resident

9:00am Room Visits/Daily Reminder 4
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Latin dance/Chair Exercise w/Michelle (MDR)
 11:00am Music to my Ears & Tactile
 11:00am CHRISTIAN SERVICE (MDR). OPTION: Brain Exercise: Guess the Country by Emoji (YouTube) MDR
 12:00pm prepare MDR for Lunch
 2:00pm 80's Party (MDR)
 3:30pm Penny Pitch Game (MDR)
 4:30pm Visit 1:1 resident

9:00am Room Visits/Daily Reminder 5
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Rock & Roll (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the word by Emoji (YouTube) MDR
 12:00pm prepare MDR for Lunch
 1:30pm Resident Council Minute (MDR)
 3:30pm BINGO TIME (MDR) (MDR)
 4:30pm Visit 1:1 resident

9:00am Room Visits/Daily Reminder 6
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Word Association Game ABC (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S
 2:00pm Ungame Game (MDR)
 3:30pm Twister Toss (MDR)
 4:30pm 1:1
 Theme Color: National Red Day

9:00am Room Visits/Daily Reminder 7
 10:00am Coffee Social/Chronicle (MDR)
 10:45am Chair Exercise (MDR)
 11:30am Brain Exercise: Guess the Phrase Quiz (YouTube) MDR
 12:00pm Lunch set up
 1:30pm 1:1 appointment
 2:00pm Bowling Tournament (MDR)
 3:00pm Table Talk MDR
 4:00pm Music to my Ears Motown (MDR)

9:00am Room Visits/Daily Reminder 8
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 2:00pm Join us for Sunday Movie Marathon/Refreshments (MDR)
 3:30pm Table Top Games (MDR)



9:00am Room Visits/Daily Reminder 9
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S Solarium
 2:00pm Super Bowl Party (MDR)
 3:30pm Special table top Games by Michelle
 4:30pm 1:1



9:00am Room Visits/Daily Reminder 10
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Disco (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the food by Emoji (YouTube) MDR
 12:00am prepare MDR for Lunch
 1:30pm BINGO TIME (MDR)
 3:30pm Go with the Rythm and Beat (MDR)
 4:30pm Visit 1:1 residen

9:00am Room Visits/Daily Reminder 11
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Latin dance/Chair Exercise w/Michelle (MDR)
 11:00am Music to my Ears & Tactile
 11:00am CHRISTIAN SERVICE (MDR). OPTION: Brain Exercise: Guess the Country by Emoji (YouTube) MDR
 12:00am prepare MDR for Lunch
 1:30pm FCOC Guest MDR
 2:00pm: Penny Pitch Game (MDR)
 3:30pm Fly Swatter Tennis (MDR)

9:00am Room Visits/Daily Reminder 12
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Rock & Roll (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the word by Emoji (YouTube) MDR
 12:00pm prepare MDR for Lunch
 1:30pm BINGO TIME (MDR)
 3:30pm Bug Out Fly Swatter (MDR)
 4:30pm Visit 1:1 resident

9:00am Room Visits/Daily Reminder 13
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Word Association Game ABC (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S
 2:00pm Valentines Day Party (MDR)
 3:30pm Twister Toss (MDR)
 4:30pm 1:1 w/ resident
 Theme Color: Pink Red & Heart Day

9:00am Room Visits/Daily Reminder 14
 10:00am Coffee Social/Chronicle (MDR)
 10:45am Chair Exercise (MDR)
 11:30am Brain Exercise: Guess the Phrase Quiz (YouTube) MDR
 12:00pm Lunch set up
 1:30pm 1:1 appointment
 2:00pm Bowling Tournament (MDR)
 3:00pm Table Talk MDR
 4:00pm Music to my Ears Motown (MDR)
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 Valentine's Day

9:00am Room Visits/Daily Reminder 15
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 2:00pm Join us for Sunday Movie Marathon/Refreshments (MDR)
 3:30pm Table Top Games (MDR)



9:00am Room Visits/Daily Reminder 16
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S Solarium
 2:00pm Bingo Game (MDR)
 3:30pm Special table top Games by Michelle
 Presidents' Day (U.S.)

9:00am Room Visits/Daily Reminder 17
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Disco (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the food by Emoji (YouTube) MDR
 12:00am prepare MDR for Lunch
 2:00pm Mardi Grass Party (MDR)
 3:30pm Immersive Interactive movement (YouTube) (MDR)
 4:30pm Visit 1:1 residen

9:00am Room Visits/Daily Reminder 18
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Latin dance/Chair Exercise w/Michelle (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the Country by Emoji (YouTube) MDR
 12:00am prepare MDR for Lunch
 1:30pm Prepare for the Bday (MDR)
 2:00pm Special Guest Joe Paris Entertainer
 3:30pm Fly Swatter Tennis (MDR)
 Birthday



9:00am Room Visits/Daily Reminder 19
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Rock & Roll (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the word by Emoji (YouTube) MDR
 12:00pm prepare MDR for Lunch
 1:30pm BINGO TIME (MDR)
 3:30pm Bug Out Fly Swatter (MDR)
 4:30pm Visit 1:1 resident

9:00am Room Visits/Daily Reminder 20
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Word Association Game ABC (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S
 2:00pm Ungame Game (MDR)
 3:30pm Twister Toss (MDR)
 4:30pm 1:1 w/ resident
 Theme Color: Black or Gray/Jeans

9:00am Room Visits/Daily Reminder 21
 10:00am Coffee Social/Chronicle (MDR)
 10:45am Chair Exercise (MDR)
 11:30am Brain Exercise: Guess the Phrase Quiz (YouTube) MDR
 12:00pm Lunch set up
 1:30pm 1:1 appointment
 2:00pm Bowling Tournament (MDR)
 3:00pm Table Talk MDR
 4:00pm Music to my Ears Motown (MDR)

9:00am Room Visits/Daily Reminder 22
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 2:00pm Join us for Sunday Movie Marathon/Refreshments (MDR)
 3:30pm Table Top Games (MDR)



9:00am Room Visits/Daily Reminder 23
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Brain Exercise: Say the color on beat (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S Solarium
 2:00pm "Name Five" Game (MDR)
 3:30pm Slide & Block (who's in team A and Team B) MDR
 4:30pm 1:1

9:00am Room Visits/Daily Reminder 24
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Disco (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the food by Emoji (YouTube) MDR
 12:00am prepare MDR for Lunch
 1:30pm BINGO TIME (MDR)
 3:30pm Immersive Interactive movement (YouTube) (MDR)
 4:30pm Visit 1:1 residen

9:00am Room Visits/Daily Reminder 25
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Latin dance/Chair Exercise w/Michelle (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the Country by Emoji (YouTube) MDR
 12:00am prepare MDR for Lunch
 1:30pm Penny Pitch Game (MDR)
 3:30pm Fly Swatter Tennis (MDR)
 4:30pm Visit 1:1 resident

9:00am Room Visits/Daily Reminder 26
 9:30am Coffee Social/Chronicle (MDR)
 10:30am Chair Exercise Rock & Roll (MDR)
 11:00am Music to my Ears & Tactile
 11:15am Brain Exercise: Guess the word by Emoji (YouTube) MDR
 12:00pm prepare MDR for Lunch
 1:30pm BINGO TIME (MDR)
 3:30pm Bug Out Fly Swatter (MDR)
 4:30pm Visit 1:1 resident
 Staff B-Day Celebration
 Birthday



9:00am Room Visits/Daily Reminder 27
 10:00am Coffee Social/Chronicle (MDR)
 11:00am Chair Exercise (MDR)
 11:30am Word Association Game ABC (YouTube) MDR
 12:00pm Lunch set up
 1:00pm Set up music to my ears N/S
 2:00pm Ungame Game (MDR)
 3:30pm Twister Toss (MDR)
 4:30pm 1:1 w/ resident
 Theme Color: Purple/Jeans

9:00am Room Visits/Daily Reminder 28
 10:00am Coffee Social/Chronicle (MDR)
 10:45am Chair Exercise (MDR)
 11:30am Brain Exercise: Guess the Phrase Quiz (YouTube) MDR
 12:00pm Lunch set up
 1:30pm 1:1 appointment
 2:00pm Bowling Tournament (MDR)
 3:00pm Table Talk MDR
 4:00pm Music to my Ears Motown (MDR)